

Pesto

Ingredients

Garlic, 2 cloves

Coarse salt, few grains

Pine Nuts, 1 tablespoon

Basil, young and fresh, 50 gm

Parmesan, 6 tablespoons grated

Pecorino, 2 tablespoons grated

Method

Mortar & Pestle - add ingredients in the above order, be sure to grind, rather than pound the basil, and add the oil a little at a time

Or

Food Processor, just stick it all in and whizz



Some People Just Really Love Basil

Or, when you remember where you buried your lover's head.

Boccaccio (story), Keats (poem, Isabella, or the pot of basil), George Manton (painting).