

Peperoni di Laura

Andrea's Mum's
Stuffed Peppers

Serves 4

Ingredients

280gms caned tuna	55 gms old bread soaked in water
2 Bell Peppers	2 cloves of garlic
	Big bunch of parsley
	1 egg
	Olive oil and seasoning

Method

Pre heat oven 180°

Chop the garlic and parsley very fine. Squeeze the water out of the bread by hand. Mix with the tuna, parsley and garlic, and salt and pepper. Mix in the egg

Cut the top off the peppers and remove any seeds. Stuff with the tuna mix, but not too much as bread will expand.

Put in a baking pan/tray, drizzle over olive oil and add salt on top. Bake 40mins

